

Below Itinerary is for reference only and is subject to any necessary changes in accordance to local requirements.



# Mount Kinabalu

## 5 Days (Hard Adventure)

Departure: Minimum 2 pax.

### Day 1 Brunei - Kota Kinabalu

Assemble at the airport 2 hours before time for depart. Upon arrival, transfer to a local hotel. Free at leisure. Overnight.

### Day 2 Kota Kinabalu - Kota Kinabalu Park (L/D)

Pick up from hotel for a 2¼ hours journey to the Kinabalu National Park. The Park covers an area of 754 sq km and is 1623 meters above sea level. Within its boundaries, you will find lowland rain forest at its lower level, montane vegetation at its medium level and conifers and other alpine flora at the summit. After the guided nature trail, you will have lunch. After a video presentation of the Park, take a leisure guided mountain garden walk. In the late afternoon, you can either relax and enjoy the tropical scene or explore the many nature trails before settling in for dinner. Overnight at local lodge or Park accommodation.

### Day 3 Summit of Mount Kinabalu (B/Boxed Lunch/D)

After breakfast, register with the Park Officer for your climb on Mount Kinabalu, the highest mountain in South East Asia. We start the climb towards the Power Station at 1829 meters and from there begin your trek on the summit trail. Along the way, boxed lunch will be served, do look out for wild orchids, ferns, pitcher plants and rhododendrons. Arrive Laban Rata at 3353 meters approximately at 1500 hrs. The accommodation is basic (bunk beds dormitory style) and simple with electricity and hot water. Overnight.

### Day 4 Summit - Kota Kinabalu (B)

In the early morning, commence your ascent for the final trek to the summit. When you reached the 4095.20 meters milestone, give yourself a pat on the back. Congratulations, you are now on top of the roof of South East Asia. Rest and enjoy the beautiful sunrise. We descend to Laban Rata Guesthouse for breakfast. After breakfast, continue to descend to the Power Station arriving at approximately 1200hrs. A van will transfer you to the Park's Headquarters. Continue overland to Kota Kinabalu and we are expected to arrive there approximately by 1600-1700hrs. Overnight.

### Day 5 Kota Kinabalu - Brunei

Free at leisure until it is time to transfer to the airport for your flight back home. We hope you had a nice time on the whole of this tour.

**\*\*NOTE: Physical fitness is required**

**Note:** The pick-up time from outskirts hotels, e.g. Nexus & Rasa Ria will be at 0900 to 0930hrs. For hotels located south of city, e.g. Beringgis Resort, the pick-up time will be at 0730hrs. Pick up supplement will be imposed accordingly.

**What to bring:** Rain coat, warm clothings, wind breaker, drinking water, hat, gloves, extra thick socks, good torch, toiletries, towel and other item of personal use. Use good trekking shoes. It is advisable to bring a sleeping bag because the heating systems in some rooms in Laban Rata are not very reliable.